

MARYSVILLE PARKS & RECREATION

Activities Guide

Vol. 21, No 1

Winter/Spring 2010

INSIDE

Classes & Activities

Sports & Recreation

Special Events

Easter Egg Hunt

Fishing Derby

Father-Daughter Valentines Dance

For classes, events, sports &
recreation program information:

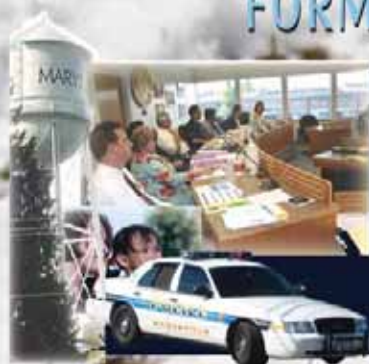
360.363.8400

www.marysvillewa.gov

CLASS REGISTRATION
FORM INSIDE

Look inside for health & fitness
class ideas recommended by the
Marysville Healthy Communities Project

www.marysvillehealthycommunitiesproject.com



Also inside this publication
MARYSVILLE MESSENGER

WINTER 2010 CITY NEWSLETTER

Vol. 21 No. 3

Pgs. 18-23

Mayor's State of the City
City Council Highlights
Central Marysville Annexation
Winter Preparedness
35-Year Police Sgt. retires

Winter Family Activities & Community Events

Father-Daughter Valentines Dance registration begins Jan. 11

Marysville Parks and Recreation invites Fathers and Daughters of all ages to enjoy the 2010 Father-Daughter Valentines Dance. Create lasting memories as you dance with your daughter! Enjoy refreshments and receive a photo to commemorate your special evening!

Cost is \$15 per couple and \$5 for each additional daughter attending the same session.

Lots of fun and door prizes, too! Registration begins Jan. 11, 2010 at the Marysville Parks and Recreation office located at 6915 Armar Road. Pre-registration required for **this event**.

For more information please call (360) 363-8400.



Father ~ Daughter

Valentines Dance

Cedarcrest School Cafeteria
6400 -88th St., Marysville, WA

Saturday, February 6, 2010
#5904 Session I 5:00 ~ 7:00 PM
#5905 Session II 7:30 ~ 9:30 PM

Saturday, February 20, 2010
#5906 Session III 5:00 ~ 7:00 PM
#5907 Session IV 7:30 ~ 9:30 PM

\$15 per couple
For ALL Ages!
\$5 for each
Additional
Daughter

This magical evening includes music, dancing, door prizes and more.
Each couple will receive a 5x7 photo to remember the evening.

Valentines Dance Proudly Sponsored By:



HomeStreet Bank
Great neighbors. Great bankers.

KnowledgePoints
Affordable Tutoring Proven Results



Easter Egg Hunt **free!**

Time: 10:00 - 11:00am
When: Saturday, April 3
Location: Barn - Jennings Park, 6915 Armar Road
Age: Birth to 8 years old

Presented by Marysville Parks and Recreation, Steve Fulton State Farm Insurance, Marysville Noon Rotary Club and Grandview Village, the annual Easter Egg Hunt is a fun event for the entire family. More than 10,000 plastic eggs filled with candy and prizes will be hidden in and around Jennings Memorial Park Rotary Ranch. Limit 8 eggs per child. Participants are asked to bring

a canned food item for the Marysville Food Bank. For more details please call (360) 363-8400. Additional parking is available at Marysville Middle School until noon. **Please leave pets at home.**



Steve Fulton

Fishing Derby **free!**



Time: 8:00-11:00am
When: Saturday, May 1
Location: Kiwanis Pond @ Jennings Memorial Park
6915 Armar Road
Age: 2-12

The Marysville Kiwanis Club, Everett Steelhead and Salmon Club and Marysville Parks and Recreation is sponsoring our 16th Annual Fishing Derby. Admission is free. Children may bring their own equipment or use the equipment that is provided. A limit of one fish per entrant will be enforced. Door prizes and grand prizes are determined by a random drawing of all participants.

Marysville Kiwanis Club will also sponsor a Pancake Breakfast from 8-11 a.m. in the Pavilion. Cost for the breakfast is \$3 a plate for kids and \$5 for adults. Participants are asked to bring a canned food item to be donated to the Marysville Community Food Bank. **Please leave pets at home.**



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For a copy of the latest Marysville Parks & Recreation Class Registration Form, please turn to Page 17, or download from the City website at <http://www.marysvillewa.gov>

Classes and activities bearing the Marysville Healthy Communities Project logo are recommended as ideas to stay healthy and fit.



Youth Athletics & Fitness



Seven-A-Side Youth Soccer

Course #: 6049
Time: 5:00 - 8:00pm
When: Monday-Thursday, April 5-June 10
Location: To Be Announced
Age: 7-14
Cost: \$57
Registration: Jan. 19-Feb. 20 (Individuals)
Jan. 19-Feb. 17 (Teams)

Marysville Parks and Recreation begins registration for their 7v7 Soccer League on Jan. 19. This recreational soccer program is offered in cooperation with Marysville Youth Soccer Club for boys and girls ages 7 to 14 years. Registration will be accepted from 8 a.m.-5 p.m. Monday-Friday at the Parks Office located in Jennings Memorial Park. Registration will continue until Saturday, Feb. 20.

Special weeknight and weekend registration dates available at Jennings Memorial Park:

Wednesday-Friday	Feb. 17-19	5:00-6:00pm
Saturday	Feb. 20	8:00am-noon

Team registration deadline is Wednesday, Feb. 17. Coaches of established North County Youth Soccer teams may register players from their 2009 fall roster as a team.

Summer Camp Registration - March 1, 2010

Registration information will be in the Parks and Recreation Office in Jennings Park on Monday, March 1. Kids will love:

Safety Town	ages 4-6
Mini Camps	ages 4-6
Sports Camps	ages 7-13
Day Camps	ages 7-11



Kids Love Soccer



KLS-Mommy/Daddy and Me Soccer

Course #: 6050
Time: 3:00 - 3:30pm
When: Fridays, March 5-April 9
Instructor: KLS Kids Love Soccer
Location: Ballfield - Jennings Memorial Park
6915 Armar Road
Age: 2 - 3 1/2 years
Cost: \$47



Introduce yourself and your toddler to the 'World's Most Popular Game!' As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

KLS-Tot-Soccer

Course #: 6051
Time: 3:40 - 4:10pm
When: Fridays, March 5-April 9
Instructor: KLS Kids Love Soccer
Location: Ballfield - Jennings Memorial Park
6915 Armar Road
Age: 3 1/2 - 4 years
Cost: \$47



Encourages large motor skill development through soccer fun games and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids! Shin guards are required after the first meeting.

KLS-Pre-Soccer

Course #: 6052
Time: 4:10 - 4:45pm
When: Fridays, March 5-April 9
Instructor: KLS Kids Love Soccer
Location: Ballfield - Jennings Memorial Park
6915 Armar Road
Age: 4-5 years
Cost: \$47



Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.



KLS-Soccer 1

Course #: 6053
Time: 4:45 - 5:30 pm
When: Fridays, March 5-April 9
Instructor: KLS Kids Love Soccer
Location: Ballfield - Jennings Memorial Park
6915 Armar Road
Age: 5-6 years
Cost: \$47



Teaches the basic techniques of soccer for beginning players including dribbling, passing and receiving, shooting, goal keeping, etc. Every participant will have a ball at their feet! Fun skill games will be played at every session. Small sided soccer matches will be introduced gradually. Shin guards are required after the first meeting.

KLS-Soccer 2

Course #: 6054
Time: 5:30 - 6:15 pm
When: Fridays, March 5-April 9
Instructor: KLS Kids Love Soccer
Location: Ballfield - Jennings Memorial Park
6915 Armar Road
Age: 7-8 years
Cost: \$47



Teaches basic techniques of the game and reinforces good soccer habits. Introduces team tactics in an age-specific format. Fun skill games will be played at each session. Small-sided matches will be played every week. Shin guards are required after the first meeting.

KLS-Soccer 3

Course #: 6055
Time: 5:30 - 6:30pm
When: Fridays, March 5-April 9
Instructor: KLS Kids Love Soccer
Location: Ballfield - Jennings Memorial Park
6915 Armar Road
Age: 9-11
Cost: \$47



Teaches basic and advanced techniques of the game. Children review and expand upon their past soccer experience. Fundamentals are fortified and high-level skills are introduced: dribbling moves, juggling, accurate shooting, etc. Team tactics will be covered such as possession style of play, combination play and team shape, to name just a few. Small-sides matches will be played every week. Shin guards are required after the first meeting.

Creative Dance

Course #: 5909
Time: 10:00 - 10:45am
When: Fridays, Jan. 15-Feb. 26
(No class Feb. 12)
Age: 3-4 years

Course #: 5910
Time: 10:45 - 11:30am
When: Fridays, Jan. 15-Feb. 26
(No class on Feb. 12)
Age: 4-5 years

Course #: 5911
Time: 10:00 - 10:45am
When: Fridays, March 12-April 23
(No class on April 2)
Age: 3-4 years

Course #: 5912
Time: 10:45 - 11:30am
When: Fridays, March 12-April 23
(No class on April 2)
Age: 4-5 years

Instructor: Monica Olason
Location: Senior/Community Center, 514 Delta Ave.
Cost: \$48 per course

Does your daughter love to dance around the living room? Creative Dance is a wonderful opportunity for her to explore her creative side! Your child will learn basic ballet steps and terminology as well as creative dance movements including ribbon dance. Students wear tights, leotards, and leather-soled ballet shoes.

Creative Dance - Mommy and Me

Course #: 5917
Time: 9:15 - 10:00am
When: Fridays, Jan. 15-Feb. 26
(No class Feb. 12)

Course #: 5918
Time: 9:15 - 10:00am
When: Fridays, March 12-April 23
(No class April 12)

Instructor: Monica Olason
Location: Senior/Community Center
514 Delta Ave.
Age: 1-3 years (must be walking)
Cost: \$50 per course

This wonderful class taught by Monica Olason will have mommy and child twirling with glee. You will love the exercise and your child will love moving to music, learning movement, coordination, balance, rhythm, stretching and basic kinetic skills. The class will feature basic dance steps in ballet, jazz, and ribbons to help with flexibility and an increased range of motion.



Jazz Dance

Course #: 6003
Time: 5:00 - 6:00pm
When: Wednesdays,
Jan. 13-Feb. 17
(No class March 31)

Course #: 6004
Time: 5:00 - 6:00pm
When: Wednesdays,
March 10-April 21
(No class March 31)

Instructor: Monica Olason
Location: Senior/Community Center
514 Delta Ave.
Age: 7-12 years
Cost: \$48 per course

Do you love to dance? Do you love the show 'So You Think You Can Dance'? If you do, this class is for you! You will warm up with stretching then learn dance steps, leaps, kicks, turns and finish with a routine to a popular song. Whether you have danced before or are just getting started, you will love this upbeat dance class.



Tae Kwon Do/Kung Fu for Beginners

Instructor: Carl Doup
Location: Kung Fu 4 Kids Academy, 804 Cedar Ave.
Age: 4-13
Time: Early Evening (see office for schedule)
Cost: \$79 per course

Course #: 6082 When: Jan. 4-29
Course #: 6083 When: Feb. 1-26
Course #: 6084 When: March 1-31
Course #: 6085 When: April 1-30

Tae Kwon Do and Kung Fu classes for children ages 4 & above. These beginning classes are a fun, exciting way for children to build confidence, increase self-esteem and learn self-defense. A portion of each class is dedicated to teaching life skills that children need to succeed. These skills include respect, honesty, discipline and good manners. Many days and times available, please call Parks and Recreation for a schedule at (360) 363-8400.



Ways to Show Kids You Care

- * Attend games and practices
- * Encourage your athlete and the team
- * Model respect for kids, parents, coaches, officials and the game.

A message from Marysville Kids Matter, a collaboration between the Marysville Community Coalition and United Way of Snohomish County

Youth Music



Instructor: Chris Floyd, Maestro
Location: Marysville Library
Large Meeting Room
6120 Grove St.
(No classes April 6-14)



Material fees vary for individual classes. (Items may include: CD's, books, instruments, games and carrying cases.)

Kindermusik - Village

Course #: 5873
Time: 12:20-1:05 pm
When: Wednesdays Jan. 27-May 19

Age: Birth up to 18 months
Cost: \$144 (\$76 material fee to Chris Floyd)

In a **Village** class you and your baby will experience a unique blend of musical activities that stimulate and engage all of the senses. You'll laugh, learn, sing, dance and play together, bonding, socializing & making memories.

Kindermusik - Our Time

Course #: 5874
Time: 10:00 - 10:45am
When: Tuesdays,
Jan. 26-May 18

Course #: 5875
Time: 6:00 - 6:45pm
When: Tuesdays,
Jan. 26-May 18

Course #: 5877
Time: 11:00 - 11:45am
When: Wednesdays, Jan. 27-May 19

Age: 18 months-3 1/2 years
Cost: \$144 (\$56 material fee to Chris Floyd)

In **Our Time** you'll witness your child's development in language skills, literacy, listening, problem solving, social skills, self-esteem and musicality.



Ways to Show Kids You Care

* Have fun together * Make decisions together

*A message from Marysville Kids Matter, a collaboration
between the Marysville Community Coalition and
United Way of Snohomish County*

Kindermusik - Imagine That

Course #: 5878
Time: 11:00 - 11:45am
When: Tuesdays, Jan. 26-May 18

Course #: 5879
Time: 1:30 - 2:15pm
When: Wednesdays, Jan. 27-May 19

Course #: 5880
Time: 5:15 - 6:00pm
When: Wednesdays, Jan. 27-May 19

Course #: 5881
Time: 10:00 - 10:45am
When: Wednesdays, Jan. 27-May 19
Age: 3 1/2-5 years
Cost: \$144 (\$66 material fee to Chris Floyd)

Imagine That! encourages socialization, sharing and participating in group activities. Pretend play activities are integrated with music - song, dance and instrument play - as well as storytelling and literature - developing cognitive skills, literacy and creativity. Parents are invited to participate in the last 15 minutes of class.

Kindermusik - Young Child Semester 2

Course #: 5885
Time: 12:30 - 1:30pm
When: Tuesdays, Jan. 26-May 18

Course #: 5886
Time: 4:00 - 5:00pm
When: Wednesdays, Jan. 27-May 19
Age: 5 1/2-6 years
Cost: \$184 (\$50 material fee to Chris Floyd)

Kindermusik - Young Child Semester 4

Course #: 5887
Time: 4:45 - 5:45pm
When: Tuesdays, Jan. 26-May 18
Age: 6-7 years
Cost: \$184 (\$50 material fee to Chris Floyd)

Young Child Semesters 2 & 4 classes provide a performance-free class where your child will develop a strong musical foundation for life. Parents are invited to participate in the last 15 minutes of class for sharing time.

Kindermusik - Family Time

Course #: 5884
Time: 3:45 - 4:30pm
When: Tuesdays, Jan. 26-May 18
Age: Birth-5 years
Cost: \$144 (\$70 material fee to Chris Floyd)

Bringing children together provides dynamic, integrated learning for all. In class, each child creatively expresses, explores and develops individual strengths thru vocal, instrumental, movement and dance activities.

Youth Special Interest

Beginning Bowling

Course #: 6071
Time: 4:00 - 5:00pm
When: Mondays, Feb. 1-22

Course #: 6072
Time: 4:00 - 5:00pm
When: Mondays, March 1-22

Course #: 6073
Time: 4:00 - 5:00pm
When: Mondays, April 5-April 26

Instructor: Strawberry Lanes
Location: Strawberry Lanes Bowling Alley
1067 Columbia Ave.
Age: 6-17
Cost: \$29 per course

Learn the basics of bowling from experienced bowling instructors at Strawberry Lanes. Bowling technique and scoring will be covered during the session. Bowling provides many health benefits such as building good muscle tone, burning fat and building friendships.

Blissful Babies *New!*

Course #: 6036
Time: 6:00 - 6:45pm
When: Thursdays, Feb. 4-March 18
(No class Feb. 25)
Instructor: Pat Timko
Location: Senior/Community Center
514 Delta Ave.
Age: Birth to 6 months
Cost: \$50

Baby massage is a fun and easy way to nurture development and strengthen the parent-child bonding process. This class will provide you with what you need in order to begin and become confident in this routine of loving interaction. Supplies needed are a baby blanket, a cushion for parent and any other baby needs.

Early Reading Activity Hour

Course #: 6101
Time: 9:30 - 11:00am
When: Mondays, March 1-22
Instructor: Sylvan Learning
Location: Barn-Jennings Park
6915 Armar Road
Age: 3-5
Cost: \$26

Get your children excited about reading through this fun early reading activity hour. Each week will have a different theme story, craft and lesson related to a letter of the alphabet. Course will offer different themes from prior courses so children will enjoy the course even if taken before.



Chocolate Easter Eggs-Family *New!*

Course #: 6040
Time: 4:00 - 6:00pm
When: Wednesday, March 24
Instructor: Victoria Mattson
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: 7 and older
Cost: \$35

Make your own chocolate Easter Eggs in this hands-on candy-making class offered by Victoria Mattson of Let's Dish! Design your own egg centers, choosing from Victoria's peanut butter, vanilla, maple, coconut or chocolate cream fillings. Using a chocolate mold, create cream filled eggs then personalize and decorate the eggs using royal icing and decorating tips. Together parent and child will make 16 chocolate eggs (1 oz. each) to take home with you, along with recipes for making the fillings at home.

I Can Do It! *New!*

Course #: 5902
Time: 4:30 - 5:30pm
When: Thursdays, Jan. 21-March 4
(No class on Feb. 11)
Instructor: Camp Fire USA
Location: Marysville Library Large Meeting Room
6120 Grove St.
Age: 7-9
Cost: \$30

Join Camp Fire USA in this class that teaches youngsters many different 'how to' skills such as: making healthy snacks, answering telephone calls from strangers, handling emergencies, escaping from fires, plus much more.

Playgroup with a Purpose

Course #: 5900
Time: 6:00 - 7:00pm
When: Thursdays, Jan. 28-Feb. 25
(No class on Feb. 11)
Course #: 5901
Time: 6:00 - 7:00pm
When: Thursdays, April 15-May 6

Instructor: Camp Fire USA
Location: Marysville Library Large Meeting Room
6120 Grove St.
Age: 3-5
Cost: \$25 per course

Playgroup with a Purpose is a Little Stars program offered by Camp Fire USA. This parent and child program targets your preschool age child's interests to encourage skill building, focusing on the development of small and large muscle groups, language and social skills, all of which help ready your child for Kindergarten. Hands-on active and fun learning time for your child. Topics include science, health, transportation, cooking, music and art.

Young Ladies and Gentlemen

Course #: 6043
Time: 9:00 - 12:00pm
When: Saturday, Jan. 16
Instructor: Final Touch Finishing School
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: 7-11
Cost: \$35

Children rarely beg for the opportunity to attend a class on manners, and yet it is the key to building positive friendships and strong self-esteem. This fun, hands-on workshop teaches telephone etiquette, basic table manners, introductions, personal care and posture. Each student receives a 'goodie bag' to take home. Don't be surprised if they come out asking for more!

FINAL TOUCH
FINISHING SCHOOL, INC.



Origami for Youth

Course #: 6015
Time: 4:30 - 5:30pm
When: Monday, Feb. 1-March 1

Course #: 6016
Time: 4:30 - 5:30pm
When: Monday, April 5-26

Instructor: Amanda Hertz
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: 7-14
Cost: \$34 per course



Kids and teens will love this series of four classes in which to explore origami with instructor Amanda Hertz. When finished, they will know how to read diagrams as well as fold and create fun models. Participants will get a booklet with diagrams and paper for future folding.

Youth Art

Drawing for Youth Beginner to Advanced

Course #: 5981
Time: 4:30 - 6:00pm
When: Tuesday, Feb. 2-23

Course #: 5982
Time: 4:30 - 6:00pm
When: Tuesday, March 2-23

Course #: 5983
Time: 4:30 - 6:00pm
When: Tuesday, April 6-27

Instructor: Vicki Carver
Location: Senior/Community Center
514 Delta Ave.
Age: 7-13
Cost: \$49 per course

This fun and creative class guides budding artists while they explore and develop the basic skills to draw animals, people, flowers, still life and landscapes using graphite pencils. Returning artists may choose to work on individual projects. Supplies: Graphite pencils (2H, HB and 6B), Strathmore drawing pad (50lb. or 70lb) with spiral top, white eraser, and pencil sharpener. Artists may also bring oil pastels or color pencils for drawing enhancements.

Marysville Healthy Communities Tip #40

Stay active! One job a kid does have - and it's a fun one - is to figure out what activity or sport you like best. Maybe it's basketball, karate, kickball or dancing. If you enjoy it and you're good at it, it will be time well spent outside of TV, video games and homework time your parents monitor.



Teen Special Interest

Babysitting Basics

Course #: 5894
Time: 9:00am - 1:00pm
When: Saturday, March 6
and March 13
Instructor: Camp Fire USA
Location: Senior/Community Center
514 Delta Ave.
Age: 10-14
Cost: \$30



Camp Fire USA will teach youth the 'how-tos' of babysitting. Topics include: Proper ways to hold a child, what to do in an emergency, infant and toddler care, play ideas, beginning behavior management, age characteristics, emergency procedures, finding sitting jobs and working with parents.

For Teens at Sno-Isle Marysville Library

Super Smash Revolution Kart: A Winter Break Gaming Tournament *New!*

Time: 1:00-5:00pm
When: Wednesday, Dec. 30
Location: Marysville Library
6120 Grove St.
Age: Grades 6-12
Cost: Free

Join the fun at the Marysville Library for their teen tournament this winter break! Compete against other teens in Super Smash Brothers, DDR and Mario Kart! Prizes will be awarded. Sign up starts at 1 p.m.; the tournament starts at 1:30 p.m. Sign up at the door or online at www.sno-isle.org/teens.

Adult Athletics

Adult Softball

Location: Marysville-Pilchuck
High School
5611 108th St. NE
Age: 16 and Older



Course #: 6090 **Men's Rec**
Time: 6:00 - 9:00pm
When: Mondays, April 19-June 28
Cost: \$710

Course #: 6093 **Co-Ed E**
Time: 6:00 - 9:00pm
When: Wednesdays, April 21-June 23
Cost: \$710

Course #: 6091 **Men's Rec**
Time: 6:00 - 9:00pm
When: Fridays, April 23-June 25
Cost: \$710

Course #: 6092 **Co-Ed Rec**
Time: 3:00 - 9:00pm
When: Sundays, April 18-June 20
Cost: \$620

Marysville Parks and Recreation begins taking registration for its upcoming Spring Softball Leagues on Tuesday, Feb. 16. Registration will be accepted 8 a.m.-5 p.m. Monday through Friday at the Parks and Recreation office located in Jennings Memorial Park. Signups will continue on a space-available basis until Friday, April 2. Divisions will be available for Men's and Co-ed teams. Men's and Co-Ed E divisions will play 16 games and double elimination playoffs. Co-Ed Rec will play 14 games; the top 75% will qualify for single elimination playoffs. Games will begin the week of April 18. Several different levels of play will be available to assure that all teams, regardless of their ability or experience, have an enjoyable season. For more information or to have a brochure mailed, please call the Parks and Recreation Office at (360) 363-8400.

Be a volunteer coach - give your time on the court to develop tomorrow's leaders!

Marysville Parks and Recreation needs adult volunteer coaches who are ready to give something back to our growing community and tomorrow's generation. Are you willing to step up? Can you make the time? Find out more! Please call the Parks and Recreation Office for details at (360) 363-8403.



Adult Fitness



Belly Dance Beginning

Course #: 5807
Time: 7:30 - 8:30pm
When: Mondays, Jan. 4-Feb. 22



Course #: 5808
Time: 7:30 - 8:30pm
When: Monday, March 8-April 19

Instructor: Indigo
Location: Senior/Community Center
514 Delta Ave.
Age: Adult, 16 and older
(9-15 with a participating adult)
Cost: \$54 per course

Belly Dance Continuing

Course #: 5809
Time: 7:30 - 9:00pm
When: Mondays, January 4-February 22

Course #: 5810
Time: 7:30 - 9:00pm
When: Mondays, March 8-April 19

Instructor: Indigo
Location: Senior/Community Center
514 Delta Ave.
Age: Adult, 16 and older
(9-15 with a participating adult)
Cost: \$66 per course

In Beginning and Continuing Belly Dance, you will learn music, culture, dances and movement from Egypt, Spain, Turkey and India. Fusion of Belly Dance will inspire you to develop a new mind-body connection as you sway your hips, hands, arms and torso to the beautiful music. Develop grace and a stronger body while having fun! Hip scarves and veils are not required, but suggested. The instructor will be able to suggest purchasing options.

Running: Are You Ready to Rock & Roll *New!*

Course #: 6112
Time: 9:00 - 11:00am
When: Saturdays, Jan. 23-June 19
Instructor: Tory Klements
Location: Pavilion - Jennings Memorial Park
6915 Armar Road
Age: Adult, 16 and older
Cost: \$200



Join us to CORRECTLY train for Seattle's Rock and Roll Marathon or Half Marathon. Training will include increasing mileage, proper technique, stretching, choice of gear, dealing with injuries and more. The program also includes discounts at local businesses, maps for all runs, coaching and encouragement, water and food stops on longer runs, e-mail and phone access to your coach, training calendar, support on the route, T-shirt and more! Coach Tory comes with the experience of having completed 28 marathons!

Ballet & Jazz Dance *New!*

Course #: 6007
Time: 6:00 - 7:00pm
When: Wednesdays,
Jan. 13-Feb. 17

Course #: 6008
Time: 6:00 - 7:00pm
When: Wednesdays
March 10-April 21
(No class on March 31)

Instructor: Monica Olason
Location: Senior/Community Center
514 Delta Ave.
Age: 13 and older
Cost: \$48 per course



Did you study dance as a child or have you always wanted to learn? Then this class is for you! Instructor Monica Olason will focus the first half of the class on ballet steps and barre then for the second half of the class you will learn jazz moves and incorporate them into a dance routine. You will love getting fit and having fun through learning to dance!



Running - Learn to Run *New!*

Course #: 6100
Time: 8:00 - 9:00am
When: Saturday, Jan. 23-March 13
Instructor: Tory Klements
Location: Pavilion - Jennings Memorial Park
6915 Armar Road
Age: Adult, 15 or older
Cost: \$65



Spring is coming, and with it comes opportunities to get out of the house and play outside! Why wait for spring? Start your outdoor fitness program now and meet new people. What better way to meet new people than on the road! This class will take new and returning runners and walkers from the sofa to a 3.5-mile race with a goal of running the St. Paddy's Day Dash as a group in March. The course will meet on Saturday mornings for seminars and group runs. Running is an excellent way to improve cardiovascular fitness, lose weight and make new friends. Course includes seminars, an 8-week training schedule, fun, and fitness. Course registration does not include the cost of the 5k race.

Running-Train for a 10K *New!*

Course #: 6103
Time: 9:00 - 11:00am
When: Saturday, Jan. 23-March 13
Instructor: Tory Klements
Location: Pavilion - Jennings Memorial Park
6915 Armar Road
Age: Adult, 15 and older
Cost: \$65



You've got a 5k or two under your belt and you're looking for a bigger challenge? Look no further! Join Journey Fitness to train for your first, or first in awhile 10k. Running is a great way to stay in shape and meet new friends. Your class will run concurrently with the marathon/half marathon program at Jennings Park. The program lasts 8 weeks and will prepare you to run 6.1 miles. Participants should be able to run at least 3 miles. Speed doesn't matter. The only thing that matters is a great attitude and a spirit for adventure! The group will identify a local 10k for

Marysville Healthy Communities Tips #36-37



36. Reserve a garden plot at the Wilcox Farm Community Garden in Marysville, and grow your own fresh, healthy vegetables and herbs - while also getting exercise!

37. Grow some things to eat. Studies show that 60% of kids today don't eat enough fruits & veggies. But they are much more willing to try what they have grown and harvested themselves - even if it's something they have never eaten before.

Salsa Dance

Course #: 5889
 Time: 7:30 - 8:30pm
 When: Thursdays, Feb. 4-25
 Instructor: Wendy Messarina
 Location: Senior/Community Center
 514 Delta Ave.
 Age: Adult, 16 and older
 (9-15 with a participating adult)
 Cost: \$45



Learn to Salsa in this energetic and exciting dance class. Individuals, couples, and families will have fun learning the steps of salsa, moving to up-beat music, discovering Latin culture and even speaking some Spanish. Relieve stress, laugh, boost your energy, get fit and Salsa!



Wendy Messarina

Yoga Punch Card

Course #: 5798
 Cost: \$80 10 class punch card
 \$45 5 class punch card



Time: 6:00 - 7:15pm
 When: Mon., Tues. & Thurs., Jan. 12-April 22
 Instructor: Jennifer Neeleman
 Location: Senior/Community Center, 514 Delta Ave.
 Age: Adult, 16 and older

Open to all levels. Beginners will be introduced to the basics and fundamentals of yoga, while others will be encouraged to deepen their practice. Some concepts covered are: conscious breathing, body awareness, positioning, proper alignment and form. The class will focus on basic poses with modifications for each individual. Please bring a yoga mat.

Zumba Punch Card

Course #: 5800
 Cost: \$140 20 class punch card
 \$75 10 class punch card
 \$40 5 class punch card



Time: 5:30 - 6:30 pm
 When: Monday-Thursday, Jan 4-April 29
 (No classes held on school holidays.)
 Instructor: Suzanne Barrett
 Location: Cafeteria - Marysville Middle School
 4923 67th St. NE
 Age: Adult, 16 and older
 (9-15 with a participating adult)

Ditch the workout and join the party! Build muscle, burn fat and have a great time doing them both. Zumba is a high-energy dance fitness class combining Latin, African, Arabic and American beats with Merengue, Salsa, Belly Dance and other International favorites. Fun for the individual or for the family - *anyone* can Zumba!

Zumba Gold

Course #: 5730
 Time: 9:30 - 10:30am
 When: Tuesday, Jan. 5-26

Course #: 5731
 Time: 9:30 - 10:30am
 When: Tuesday, Feb. 2-23

Course #: 5732
 Time: 9:30 - 10:30am
 When: Tuesday, March 2-30

Course #: 5733
 Time: 9:30 - 10:30am
 When: Tuesday, April 6-27

Instructor: Tamara Robbins
 Location: Senior/Community Center
 514 Delta Ave.

Age: 50 and older
 Cost: \$25 (\$30 for March course w/ 1 extra Tues.)

A special pace just for seniors to enjoy this fun new fitness craze! (See Zumba punch card for complete course description.)

Adult Fitness

CPR/AED - Adult/Infant/Child

Course #: 5957
 Time: 1:00 - 4:00pm
 When: Saturday, Jan. 16

Course #: 5958
 Time: 6:00 - 9:00pm
 When: Thursday, Feb. 25

Course #: 5959
 Time: 1:00 - 4:00pm
 When: Saturday, March 27

Course #: 5963
 Time: 6:00 - 9:00pm
 When: Thursday, April 22

Instructor: Sheila Davis
 Location: Senior/Community Center, 514 Delta Ave.
 Age: Adult, 16 and older
 (12-15 with a participating adult)
 Cost: \$30 per course



Sheila Davis

This course teaches chain of survival, activation of 911, emergency response, understanding CPR, mannequin practice of CPR and choking. The class also discusses specific childhood injury prevention and safety tips as well as adult information on heart attacks and strokes. Meets requirements for DSHS, WISHA, OSHA, and L&I. Certification is from the American Safety and Health Institute and is valid for 2 years. For more class information you can review the following web site: www.bee-safe.com.

First Aid - Basic for Certification

Course #: 5949
Time: 9:00am - 12:00pm
When: Saturday, Jan. 16

Course #: 5950
Time: 6:00 - 9:00pm
When: Wednesday, Feb. 24

Course #: 5951
Time: 9:00am - 12:00pm
When: Saturday, March 27

Course #: 5956
Time: 6:00 - 9:00pm
When: Wednesday, April 21

Instructor: Sheila Davis
Location: Senior/Community Center
514 Delta Ave.
Age: Adult, 16 and older
(12-15 with a participating adult)
Cost: \$30 per course

This course covers initial assessment, EMS activation, standard precautions, burn care, bleeding, shock, sudden illness, heat/cold emergencies, dislocations and fractures as well as specific body injuries. Meets requirements for DSHS, WISHA, OSHA, and L & I. Certification is from the American Safety and Health Institute and is valid for 2 years. For more class information you can view the following web site: www.bee-safe.com.

First Aid & CPR/AED Renewal Course

Course #: 5964
Time: 6:00 - 9:00pm
When: Tuesday, Jan. 19

Course #: 5965
Time: 6:00 - 9:00 pm
When: Monday, March 15

Instructor: Sheila Davis
Location: Senior/Community Center, 514 Delta Ave.
Age: Adult, 16 and older
(12-15 with a participating adult)
Cost: \$35 per course

This course reviews basic first aid injuries and management. There is a short written exam following the review. We then review adult, child, and infant CPR and choking. You are asked to demonstrate on manikins your comprehension of the materials and techniques.

Marysville Healthy Communities Tip #8

Enjoy free Movin' Mondays and Walkin' Wednesdays at the Marysville-Pilchuck High School track, courtesy of Marysville Public Schools in partnership with the Marysville Healthy Communities Project. During the school year, hours are 4:40-9:00 p.m. Jog the track or run the stadium stairs!

Adult Cooking and Nutrition

Allergy-Free Cooking *New!*

Course #: 6034
Time: 7:00 - 9:00pm
When: Tuesday, March 30
Instructor: Karen Lamphere
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 16 and older
Cost: \$20 (\$5 material fee payable to instructor)

Adverse food reactions, also called food allergies and food intolerances, are believed to cause a variety of common health complaints and diseases. If you have irritable bowel syndrome, migraines, rheumatoid arthritis, asthma or unexplained digestive issues, you may benefit from eating a more hypo-allergenic diet. Learn how to make substitutions for allergens like wheat, dairy, eggs and soy, and sample allergy-free recipes such as South Indian Lentil Bread, Broccoli with 'Cheese Sauce', Quinoa Asparagus Salad with Tahini Dressing and Chocolate Brownie Cupcakes with Chocolate Ganache Frosting.

Spring Detox and Rejuvenation *New!*

Course #: 6033
Time: 7:00 - 9:00pm
When: Tuesday, April 27
Instructor: Karen Lamphere
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 16 and older
Cost: \$20 (\$5 material fee payable to instructor)

Detoxifying cleanses are one of the basic foundations of natural healing, and spring is the best time to cleanse. We'll discuss foods and supplements that support the organs of detoxification: the liver, kidneys and GI tract. You'll also learn how to minimize toxic chemical exposure. It's a great way to feel energized as you rejuvenate your body with the change in seasons. Along with sampling, you'll receive a 7-day protocol with recipes, menus and supporting therapies.

Gluten-Free Baking

Course #: 6020
Time: 6:00 - 9:00 pm
When: Thursday, Feb. 4
Instructor: Sandy Nelson
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 14 and older
Cost: \$45

Sandy Nelson will introduce you to gluten-free flours, grains and other necessary ingredients common to gluten-free baking. Taste different flours and grains such as Quinoa, Teff, Amaranth and more! Recipes will be made and shared, such as pizza crust, tortillas and cookies. **Registration deadline is 3 days prior to the class.**

Gluten-Free Baking 2 *New!*

Course #: 6022
Time: 6:30 - 8:30pm
When: Thursday, March 18
Instructor: Sandy Nelson
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 14 and older
Cost: \$35

Join Sandy Nelson in this continuation of Gluten-Free Baking in which you will taste and share recipes for new treats including muffins, waffles, cakes and yeast bread. **Registration deadline is 3 days prior to the class.**

Gourmet on a Budget *New!*

Course #: 6035
Time: 7:00 - 9:00 pm
When: Tuesday, February 2
Instructor: Karen Lamphere
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 16 and older
Cost: \$20 (\$5 material fee payable to instructor)

Wanting to stretch your food dollar but not willing to resort to Top Ramen? It is possible to please both your pocketbook and your palate with nutritious recipes that give you the maximum bang for your buck. Sound too good to be true? Come find out as nutritionist Karen Lamphere shows you which meats, vegetables, and legumes give you the best return on your investment and how to turn a roast chicken into several family-friendly meals. You will sample Caramelized Chicken Soup with Seasonal Veggies and Beans, Easy Tostadas with Avocado Crema, Roasted Vegetable Frittata with Winter Greens and 5-minute Chocolate Mousse.

Chocolate Easter Eggs *New!*

Course #: 6039
Time: 6:30 - 8:30pm
When: Wednesday, March 31
Instructor: Victoria Mattson
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 14 and older
Cost: \$35

Make your own chocolate Easter Eggs in this hands-on candy-making class offered by Victoria Mattson of Let's Dish! Design your own egg centers, choosing from Victoria's peanut butter, vanilla, maple, coconut or chocolate cream fillings. Using a chocolate mold, create cream filled eggs. Once made, personalize and decorate the eggs using royal icing and decorating tips. Make 16 chocolate eggs (1 oz. each) to take home with you, along with the recipes for making the fillings at home.



Chocolate Truffles by Victoria *New!*

Course #: 6041
Time: 6:30 - 8:30pm
When: Wednesday, Feb. 10
Instructor: Victoria Mattson
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 14 and older
Cost: \$35

A chocolate truffle is often described as the 'ultimate chocolate experience.' A truffle has a silky chocolate center that can be dipped in chocolate, or rolled in cocoa or nuts. In this hands-on chocolate making class with Victoria Mattson of Let's Dish!, students will do both dipping and rolling. Take home one and a half pounds of candy and the recipes for making more truffles.



Chef Michael Aspen



Heart & Soul of Mexico *New!*

Course #: 5973
Time: 6:00 - 7:30pm
When: Monday, March 15
Instructor: Michael Aspen
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult
Cost: \$30

Join Chef Michael Aspen as you travel through the Mexican heartland in search of the quintessential dish from several states. There will be savory Seafood Empanaditas from Baja, a Tropical Salad from the Yucatan Peninsula, Oaxacan Chili Mole, and Deep Fried Bananas with Kahlúa Caramel Sauce from the jungles of Chiapas.

Dinner & A Movie with Chef Michael *New!*

Course #: 6066
Time: 6:00 - 8:00pm
When: Monday, March 29
Instructor: Michael Aspen
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult
Cost: \$50 per couple

Sit back and relax as Chef Michael Aspen serves you and your significant other a fantastic five-course dinner with a movie befitting this romantic occasion. Popcorn and refreshments will be available as well. Adult couples only, please.

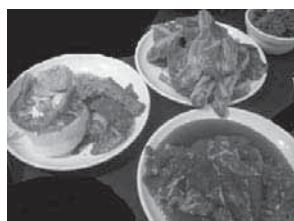
Ride the Orient Express from Paris to Istanbul *New!*

Course #: 6070
Time: 6:00 - 7:30pm
When: Monday, April 26
Instructor: Michael Aspen
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult
Cost: \$30

Bring your sense of intrigue, romance and adventure to this evening's class as Chef Michael Aspen prepares dishes from faraway places on this famous train route originated in 1883. Consider a first course served as you depart Gare de l'Est in Paris. Enjoy your main course as the train travels through Vienna. Dessert at your final destination will be followed by a Who-Done-It finale.

Southeast Asia - Thailand, Korea & Malaysia *New!*

Course #: 6069
Time: 6:00 - 7:30 pm
When: Monday, April 12
Instructor: Michael Aspen
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult
Cost: \$30



This evening class presented by Chef Michael Aspen will feature a variety of dishes inspired by travels to the Far East. Get ready for some heat as you experience the flavors of Thailand. Sample true Korean bar-b-que. Finally, a fusion of cultures await an innovative desert from Singapore.

Adult Special Interest

Organize Your Life through Goals and Time Management *New!*

Course #: 6023
Time: 10:30 - 11:30am
When: Saturday, Jan. 23
Instructor: Monika Kristofferson
Location: Marysville Library Large Meeting Room
6120 Grove St.
Age: Adult
Cost: \$20

Are you feeling overwhelmed and feel like you're spinning your wheels getting through each day? Do you know how you really want to spend your time? Learn from professional organizer Monika Kristofferson the ways to use your time effectively by setting goals, prioritizing activities and easy to implement time management tips. Instructor will provide a door prize for one lucky participant!

Earth Friendly Home Organizing and Interior Design *New!*

Course #: 6025
Time: 6:00 - 8:00pm
When: Thursday, March 25
Instructor: Kelly DuByne/Monika Kristofferson
Location: Marysville Library Large Meeting Room
6120 Grove St.
Age: Adult
Cost: \$30

Interior designer Kelly DuByne and professional organizer, Monika Kristofferson will help you discover how to organize your home with earth-friendly products, reduced consumption and resources for recycling and re-use. Learn about the latest 'green' products from paint, flooring and furniture to fabric, accessories and lighting to make your home green and efficient. You'll also learn some of our favorite design tricks for saving money while enhancing the beauty of your home, using some great new products on the market. Both instructors will provide a door prize to help you kick start your project!

Garage Sale 101: Maximize Profits through Layout and Design *New!*

Course #: 6026
Time: 10:30 - 12:30pm
When: Saturday, April 24
Instructor: Kelly DuByne/Monika Kristofferson
Location: Marysville Library Large Meeting Room
6120 Grove St.
Age: Adult
Cost: \$30

Learn secrets from interior designer Kelly DuByne and professional organizer Monika Kristofferson to host a successful garage sale as we show you the process from start to finish of setup, organizing and displaying your items, as well as behind the scenes work for the best ways to promote your sale. Be inspired to put our ideas into action and have your own profitable sale in the spring! Both instructors will provide a door prize to help you kick start your project!

**Do you have a talent, hobby or
class idea you would like to teach?**

We want to hear from you!

City of Marysville Parks and Recreation is always looking for new ideas for classes, and instructors to teach them. If you have a special talent or are interested in teaching a class that you are qualified to teach, please e-mail Recreation Coordinator Andrea Kingsford at akingsford@marysvillewa.gov, or (360) 363-8400. All instructors are considered independent contractors and not considered City employees.



Engaged? So Now What!

Course #: 6030
Time: 6:00 - 9:00pm
When: Thurs., Feb. 11-18
Instructor: Taylor'd Events
by Jennifer LLC
Location: Barn - Jennings Park
6915 Armar Road
Age: Adult
Cost: \$100



Be a Better Bride gives brides, grooms, bridal party and parents a place to go to find out more about weddings and what it takes to plan a wedding. The class offers information about the entire wedding process, from creating a budget and wedding day timeline to the last dance of the night. Be a Better Bride helps you throughout the process in a fun and relaxing atmosphere. Participants will receive a planning binder. Price is per couple, mother-daughter, or bride and maid of honor.

The Art of Hanging Art *New!*

Course #: 6024
Time: 10:30am - 12:00pm
When: Saturday, Feb. 27
Instructor: Distinctive Interior Designs
Location: Marysville Library Large Meeting Room
6120 Grove St.
Age: Adult
Cost: \$20

Did you know there is a way to hang your art right the first time? Learn how to group, arrange and hang art so it is the focal point in the room. Interior Designer Kelly DuByne will go over step-by-step ways to get art off the floor onto the walls in an easy, eye-pleasing manner so that your artwork will be appreciated and enjoyed by all who see it. Instructor will provide a door prize to help you kick start your project!

Driftwood Sculpture *New!*

Course #: 5794
Time: 7:00-9:00pm
When: Monday, Jan. 4-25

Course #: 5701
Time: 7:00-9:00pm
When: Monday, Feb. 1-22

Instructor: Sue Banks
Location: Senior/Community Center, 514 Delta Ave.
Age: Adult
Cost: \$15

Learn how to find and clean a piece of driftwood; then oil and finish it, turning it into an amazing piece of art. Artist and non-artists alike will enjoy driftwood sculpture. Each student will be given a piece of wood in class. Please bring a towel with you. (Information about driftwood carving tools will be given to participants at the first class.)



Seattle skyline by Photographer/instructor Kent Baker

Photography - Digital Darkroom 2

Course #: 5971
Time: 7:00 - 9:00pm
When: Monday-Thursday, Jan. 25-28
Instructor: Kent Baker
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult
Cost: \$75

Digital Darkroom II is full of 'blow-your-socks-off' techniques! We discuss the proper use of the Organizer' and then get right to the nitty gritty of some outstanding techniques. You are also welcome to bring your laptop to this class to work along and images will be provided. This class also uses Photoshop Elements but will also refer to Photoshop CS3 and 4 to explain some of the things that can be done more easily than with Elements.

Photography - Outdoor Digital 2

Course #: 5972
Time: 7:00 - 9:00pm
When: Monday-Thursday, Feb. 22-25
Instructor: Kent Baker
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult
Cost: \$75

Learn about advanced techniques like HDR (High Dynamic Range) and Focus Stacking. We will also discuss printing on canvas and several techniques that require additional inexpensive software as well as some special wildlife techniques and where to get those great wildlife photos and the equipment needed to do it.



Get involved!

Call Parks Maintenance
(360) 363-8406

Marysville Parks & Recreation invites you to BECOME A VOLUNTEER!

Whether you are a group of 1 or 101, we can assemble a project that will be meaningful and fun. We host Scouts, civic groups, school groups, church groups, business groups, families, etc. Here are project ideas - or suggest your own!

- * Bulb/tree planting activity
- * Landscaping/Flower Beds
- * Painting picnic tables, benches
- * Trail/Path Maintenance

Adult Art

Clay Workshop for Adults

Course #: 6001
Time: 10:30am - 12:00pm
When: Saturday, Feb. 13

Course #: 6002
Time: 10:30am - 12:00pm
When: Saturday, April 17

Instructor: Vicki Carver
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 14 and older
Cost: \$35 per course

Let your creativity lead the way as you turn raw clay into your own masterpiece. Whether you are new to clay or have explored with clay before, you will enjoy the rewards of pushing, pulling and sculpting *terra cotta* clay into a fireable piece. The workshop includes: instruction, clay, usage of sculpting tools and firing.

Drawing for Adults Beginner to Advanced

Course #: 5989
Time: 6:30 - 8:00pm
When: Tuesdays, Feb. 2-23

Course #: 5990
Time: 6:30 - 8:00pm
When: Tuesdays, March 2-23

Course #: 5991
Time: 6:30 - 8:00pm
When: Tuesdays, April 6-27

Instructor: Vicki Carver
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 14 and older
Cost: \$49 per course

Learn the basics of drawing. Bring out your talents and enjoy an evening of drawing with other artists while working on your project using graphite pencils and the medium of your choice. Supplies needed include: medium of your choice, graphite pencils (2H, HB and 6B), Strathmore drawing pad (50lb. or 70lb.) with spiral top, white eraser.

Marysville Healthy Communities Tip #1

Park your car as far away as possible from an entrance to a supermarket, retailer, place of business or public building you are visiting. This is part of the idea behind the *America on the Move* initiative, a challenge to guide people toward a healthier way of life by recommending just 2 simple lifestyle changes in their day:

***Walk 2,000 steps a day (= 1 mile)**

***Eat 100 fewer calories.**

Fused Glass - Mother's Day

Course #: 6048
Time: 6:00 - 9:00pm
When: Wednesday, April 14
Instructor: Janet Foley
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 14 and older
Cost: \$35 (\$25-\$45 material fee **per person** depending on project selected)

Spend time with your mother exploring fused glass while making your own beautiful plates, glass gifts and favorite projects in this exciting workshop. You need not bring anything but your ideas and creativity. All tools and supplies are provided. Glass will be fired outside of class and ready for pickup at the Jennings Memorial Park office 2 weeks after class. **Registration fee is for both participants.**

Register for both Fused Glass Basics and Fused Glass Jewelry classes and receive \$5 off each class!



Fused Glass Basics - Pick a Project

Course #: 6046
Time: 6:00 - 9:00pm
When: Thursday, Jan. 14
Instructor: Janet Foley
Location: Barn - Jennings Park, 6915 Armar Rd.
Age: Adult, 14 and older
Cost: \$35 (\$20-\$45 material fee payable to instructor depending on project selected)

Several choices of projects will be available in this class: plates, small dishes, mirrors, picture frames or coasters. Class will start with a discussion and hands-on demonstration of glass fusing basics. All materials, tools, and firing fees are included in the supply fee. Glass will be fired out of class and ready to pick up two weeks later at Jennings Park Office. Please wear closed toed shoes.

Fused Glass - Jewelry

Course #: 6047
Time: 6:00 - 8:00pm
When: Monday, March 22
Instructor: Janet Foley
Location: Barn - Jennings Park, 6915 Armar Rd.
Age: Adult, 14 and older
Cost: \$25 (\$15-\$45 material fee payable to instructor depending on project chosen)

In this fast-paced workshop, explore making jewelry with fused glass. Make several broaches, pins, earrings, or pendants using small pieces of brilliantly colored glass. Stringers, iridized, dichroic, opalescent, and transparent glass will all be available. Finished jewelry will be attached to silver bales, pins or earring backs. Glass will be fired outside of class and ready to pick up at the Jennings Park Office two weeks later. Please wear closed toed shoes.

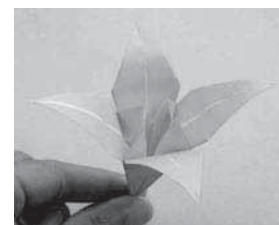
Origami Beginner

Course #: 6017
Time: 6:00 - 9:00pm
When: Monday, Jan. 4
Instructor: Amanda Hertz
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 15 and older
Cost: \$34

Learn the amazing ancient art of paper folding. Join instructor Amanda Hertz as you learn the history of Origami, how to read diagrams and create your own paper models. A folder with folding paper and a guide will be yours to keep to practice long after the class has ended.

Origami Flowers

Course #: 6019
Time: 6:30 - 8:30 pm
When: Monday, March 1
Instructor: Amanda Hertz
Location: Barn - Jennings Memorial Park
6915 Armar Road
Age: Adult, 15 and older
Cost: \$17



This class focuses on creating beautiful flowers in origami. You will receive all the materials and diagrams to take home and make beautiful bouquets. No experience is needed.

Adult Trips and Tours

Recreation Without Borders and Marysville Parks and Recreation have teamed up to deliver a combination of great outdoor and indoor adventures. All trips will depart from the Marysville Municipal Court Parking Lot located at 1015 State Ave. Please call the Park Office for complete details on the following trips/tours:

Upper Skagit River Bald Eagle Float

Course #: 6105 Time: 9:00am - 5:00pm
When: Saturday, Jan. 10 Cost: \$112
(Registration deadline Dec. 23)
Age: Adult (ages 8-17 with a participating adult)



Winter Snowshoe Fun

Course #: 6104 Time: 8:30am - 5:00pm
When: Sunday, Jan. 24 Cost: \$46
(Registration deadline Jan. 15)
Age: Adult (ages 8-17 with a participating adult)

Northwest Flower & Garden Show

Course #: 6106 Time: 9:00am - 4:00pm
When: Wednesday, Feb. 3 Cost: \$46
(Registration deadline Jan. 21)
Age: Adult

Full Moon Snowshoe Adventure on Mt. Baker

Course #: 6107 Time: 2:30 pm -12:00 am
When: Saturday, Feb. 27 Cost: \$50
(Registration deadline Feb. 19)
Age: Adult

Seattle Underground Tour & Pike Place Market

Course #: 6108 Time: 10:00am - 4:30pm
When: Saturday, March 6 Cost: \$52
(Registration deadline Feb. 26)
Age: Adult (ages 8-17 with a participating adult)

Fraser Downs...

Where Excitement Comes Standard!

Course #: 6109 Time: 4:30pm -12:00am
When: Friday, March 19 Cost: \$43
(Registration deadline March 5)
Age: Adult, Must be 21 (*Passport Required*)

Skagit Valley Tulip Festival

Course #: 6110 Time: 9:00am- 5:00pm
When: Friday, April 16 Cost: \$45
(Registration deadline April 9)
Age: Adult (ages 8-17 with a participating adult)

Seattle Consignment & Thrift Store Tour

Course #: 6111 Time: 9:00am - 4:00pm
When: Saturday, April 24 Cost: \$37
(Registration deadline April 16)
Age: Adult





Be in the Stands for Marysville Night at the Silvertips

Friday, Jan. 29, 2010

Everett Silvertips v. Portland WinterHawks

Face off at 7:35 p.m.

Comcast Arena at Everett Events Center

Special Green Ticket rates!

The Everett Silvertips would like to welcome City of Marysville residents and their families to Marysville Night Jan. 29, 2010 when the Western Hockey League's Everett Silvertips face off with the rival Portland WinterHawks in an important U.S. Division match-up.

When these two teams face off there is never a shortage of hard hits and great saves!

Through this special promotion, the Silvertips are offering special Green Ticket rates for the night. Lower-level tickets are only \$14, \$6 off the walk up price! Tickets will go fast, so don't get shut out on this great pricing. Game time is 7:35 p.m.

Those who take advantage of this offer will receive a \$5 coupon toward purchases in the Silvertips Team Store and a special Buy One Get One Free ticket coupon good for a future game.

Deadline to buy tickets is Jan. 26th or while supplies last. Tickets will be available for pickup at the Silvertips Offices, 2000 Hewitt Ave, Suite #100) one business day after an order has been placed. Those tickets not picked up will be held at Will Call. Seats will be filled on a best available basis.

This ticket promotion not valid at Comcast Arena Box Office.

To purchase tickets online, go to <http://www.everettsilvertips.com/tickets/specialtickets.cfm?SpecialNum=493666982>. Or call (425) 609-2809 with any questions about this event.

City of Marysville Rental Facilities Available for Various Special Events

For more information about renting these Marysville Parks and Recreation Department facilities please call the Parks Office at (360) 363-8400. Security deposits are required in advance with all rental agreements.



Jennings Memorial Park Barn 6915 Armar Rd.

Capacity 50
Cost per/hr \$15 (4 hrs. max.)
Cost per/day \$95

Conveniences



Ken Baxter Senior/Comm. Center 514 Delta Ave.

Capacity 100
Cost per/hr M-Th-\$35 F-Sat-Sun-\$45

Conveniences (Permit required)

Call for seasonal discounts!

The Senior/Community Center is available evenings & weekends only. Call (360) 363-8400 for more information.

LEGEND:

restrooms accessible electricity kitchen coffee alcohol allowed

Marysville Parks and Recreation

Mission Statement

"Our focus is to enhance the quality of life by providing beautiful parks, open spaces and exceptional recreational and athletic programs"

Parks & Recreation Advisory Board

Mike Elmore, Chair Keith Armstrong
Jeff Thompson Andy Delegans
John Myers Brooke Hougan
Gayle Bluhm

City Council Liaison: Carmen Rasmussen

Park Board meets the second Wednesday of every other month, 7 p.m., in Jennings Park Barn, 6915 Armar Road.

Management Staff

Jim Ballew.....Parks and Recreation Director
Tara Mizell.....Parks & Recreation Services Manager
Mike Robinson.....Parks Maintenance Manager
Maryke Burgess.....Senior/Community Center Manager
Andrea Kingsford.....Recreation Coordinator
Dave Hall.....Athletic Coordinator
Judie Kirchberg.....Administrative Secretary

Main Office: Jennings Memorial Park, 6915 Armar Road, Marysville, WA 98270. (360) 363-8400.
Hours: 8am-5pm Monday-Friday

Ken Baxter Senior/Community Center: 514 Delta Ave., Marysville, WA 98270
(360) 363-8450. Hrs: 9am-4pm Mon.-Th, 9am-noon Fri.

Web: marysvillewa.gov/ParksAndRec/parks.htm

All classes and activities offered through the Marysville Parks and Recreation Department may be paid for by cash, check, money order or major credit card. Unless otherwise specified, please make checks or money order payable to "City of Marysville." Visa and MasterCard users must pay in person at the Parks Office, 6915 Armar Road.

Please note that pre-registration is required for all camps and classes appearing in this Activity Guide. Application forms and flyers for most of the camps and classes are available. Please call 360-363-8400 to obtain a copy, or visit the Parks and Recreation Department Office in Jennings Memorial Park, 6915 Armar Road, Marysville, WA 98270 for registration information.

Marysville Parks and Recreation staff and the Parks Advisory Board are fully committed to meeting your recreational and leisure-time needs. Share your comments and concerns at the number listed above, or write us.



Inclement winter weather policy



The City of Marysville values our citizens' safety. In the event that the Marysville School District cancels school due to poor weather, the City will close the Ken Baxter Senior/Community Center and all City recreational/athletic programs will be cancelled. For weekend youth basketball game status call (360) 363-8403.

2010 REGISTRATION FORM

REGISTRATION MADE EASY!



MAIL

MAIL IN the completed Registration Form below.
Please include check or money order payable to:

“City of Marysville” for the amount of class(es)
and mail to: **Marysville Parks and Recreation**
6915 Armar Road
Marysville, WA 98270



WALK IN

WALK IN and register in the Parks and Recreation
Office located in Jennings Memorial Park.



CALL US

OR CALL US at
(360) 363-8400 for more details.
FAX (360) 651-5089

CANCELLATIONS

If your class is canceled, we will notify you by phone.
You will receive a full refund if the class is cancelled.

REFUNDS

- Written request for refund received in the Parks & Recreation Office no less than 10 working days prior to the first day of class will be refunded, less a \$5 administrative fee.
- Refunds take a minimum of 15 days to process.
- **A separate form is required for the following:**

- | | |
|---|--|
| <input type="checkbox"/> Youth Basketball | <input type="checkbox"/> Summer Camps |
| <input type="checkbox"/> Spring Soccer | <input type="checkbox"/> Athletic Camps |
| <input type="checkbox"/> Adult Softball | <input type="checkbox"/> Kickball League |

MARYSVILLE PARKS & RECREATION REGISTRATION FORM

Registration Form Per Person/Family

Please print & fill out completely

NAME (Parent or Guardian if under 18) _____

ADDRESS _____

City

State

Zip

HOME PHONE _____ WORK PHONE _____ e-mail _____

PARTICIPANT NAME	BIRTH- DATE	M/F	COURSE #	CLASS/PROGRAM	DATE(S)	TIME	FEE

Shirt size for Turkey Chase ☐ YS ☐ YM ☐ YL
☐ AS ☐ AM ☐ AL ☐ AXL

TOTAL FEES:

For and in consideration of the opportunity offered to participate in the above named activity offered by the Marysville Parks and Recreation Department, I, as evidenced by signature, do hereby hold harmless, release and waive all claims I/my child may have against the City of Marysville, its officials, employees, agents or contracted instructors, and any other person(s) involved in the above named activity/activities for any and all injuries, losses or damages suffered by me or my child as a result of our participation in the above named activity/activities. I accept full responsibility for the cost of treatment for any injury, losses or damages suffered.

SIGNATURE: _____

PARENT/GUARDIAN

SIGNATURE (if under 18): _____

DATE: _____

“Parks & Recreation - the Benefits are Endless”

Amount Enclosed: \$ _____

☐ Check # _____

☐ Money Order

☐ Cash (*Please do not mail cash.*)

☐ Visa/MasterCard V-code _____

Expiration Date _____

Visa/MasterCard Number

Print Name of Cardholder

Cardholder Signature

Officials cut ribbon for latest State Avenue improvements from 136th to 152nd St. NE

Local elected and state transportation officials cut the ribbon in November dedicating the long-awaited State Avenue Phase III widening and improvements project from 136th to 152nd Street NE.

The end result is a \$9.9 million vital capital improvement project that will improve public safety, reduce traffic congestion, and provide reliable road infrastructure for current and future economic and commercial/light industrial development.

"This public investment in our local road system gives us all much to be proud of, looking ahead toward the future," Mayor Dennis Kendall said.

The project started in July 2008, funded by the City (\$6.4 million), State Transportation Improvement Board (\$3.5 million) and the State Department of Transportation, and Federal Highway Administration (\$2 million).

The improvements cover a mile-long stretch of State Avenue/Smokey Point Boulevard (Old Highway 99). The roadway carries upwards of 12,000 vehicles per day through the project area. That



Photo by Doug Buell

Pictured from left: Jill McKinney with U.S. Rep. Rick Larsen's Office, City Councilmembers Lee Phillips, Donna Wright, Jon Nehring and Jeff Seibert, Mayor Kendall and WSDOT Northwest Regional Administrator Lorena Eng.

volume is anticipated to double by 2025.

Improvements and beautification efforts that define this project include:

- Widening State from 2 to 5 lanes;
- upgrading the traffic signal at 136th St. NE;
- installing a new signal at 152nd St. NE;
- adding various streetscape elements, including planted median strips, planted sidewalk buffers, and decorative signal poles and lighting.

Work was performed by Granite NW, Inc., with Harris and Associates providing construction management.

The City's Project Engineer Pat Gruenhagen, who steered the project, said that the installation of 30,000 feet of pipe to replace old water and sewer mains and be prepared for economic growth, along with installation of an enclosed storm drainage system, was a Herculean and necessary task.

SR 529 - Everett & Marysville designated 'Yellow Ribbon Highway' in honor of soldiers



Photo by Doug Buell

Pictured from left: Carol Moser, Chair of the Washington State Transportation Commission; Mayor Dennis Kendall; Everett Navy Base Cmdr. and Chief Executive Officer Daniel Limberg; Everett Mayor Ray Stephanson; Nathan Olson and his mother, Kathy.

Mayor Dennis Kendall was among several dignitaries to attend a Nov. 5 unveiling of new signage designating SR529 between the cities of Everett and Marysville as the "Yellow Ribbon Highway."

Until today, said the Mayor, "SR 529 was just another route to work, shop, visit or recreate, or an alternative way to avoid backups on I-5. After today, the road will serve a loftier purpose. It's a reminder of the valor and courage of all the men and women who serve our country."

"This new designation honors deployed active duty troops serving in Washington and in foreign assignments such as Iraq and Afghanistan, and acknowledges the sacrifices made by armed forces members who are committed to protecting and preserving our freedom," said Kendall, an Air Force veteran.

Attaining the designation was the brainchild of Nathan Olson, an Everett Community College student and son of Everett City Councilmember Mark Olson.

Olson's inspiration was his older brother, Lance Cpl. Matthew Olson and his service to a greater cause than himself. Nathan shepherded his plan through the Washington State Transportation Commission and state Legislature.

Cmdr. Daniel Limberg, the Naval Station Everett base executive officer, called it a tribute to armed forces members and the 10,000 dependents who remain behind when their loved ones are deployed."

GENERAL NEWS

H1N1 Swine Flu information and where to find it

With a flu season that hit strong in mid-October and is expected to last through the winter, it's important to take basic precautions to avoid becoming sick from the H1N1 flu virus or another season flu, and to keep informed.

If you get the flu, you can get sick and spread it to others at home, at work, and in the community. Symptoms of flu include fever or chills *and* cough or sore throat. Flu symptoms can also include runny nose, body aches, headache, tiredness, diarrhea, or vomiting.

It's important for people who are sick with flu-like symptoms to stay home and only go to a health care provider if they become seriously ill, local public health professionals advise. The best thing people can do is to pay attention to their own health. If children are sick, keep them out of school or day care until they're well.

Several websites are available in multiple languages aimed at protecting public health and safety. Residents are encouraged to visit these sites often for tips to avoid getting the flu, latest updates on vaccine availability, and more.

Best H1N1 (Swine Flu) Websites

U.S. Dept. of Health & Human Services
www.flu.gov

Center for Disease Control & Prevention:
<http://www.cdc.gov/swineflu/>

Washington State Department of Health:
www.doh.wa.gov/panflu

Snohomish Health District
www.snohd.org

Snohomish County Flu Site
www.snocoflu.org

This site carries the most localized, latest and up-to-date information.

Snohomish County residents are encouraged to visit this web site often.

Council adopts \$118.3M, no frills budget for 2010

The City Council on Nov. 16 adopted a lean \$118.3 million budget for 2010 that will fund essential services while striving to continue focusing spending on the city's key priorities of public safety and street improvements, as the year ahead inches toward economic recovery.

The 2010 Budget includes a General Fund of \$34.1 million for delivery of basic services and government operations, which represents a 2% drop from 2009 revised spending levels.

The general fund budget includes \$3.9 million to support the newly-annexed Central Marysville Annexation, with funds derived from a state sales tax credit of 0.1% sales tax for each 10,000 additional people to help offset municipal services costs to the mostly residential area. The annexation will take effect Dec. 30, but the City will not receive some of the funds and taxes tied to the area until the latter half 2010.

While Mayor Dennis Kendall is optimistic about the City's prospects in the coming year, he called this one of the most difficult budgets he has proposed during six years in office, due to the weakened economy.

Sales tax revenues are down compared to what the City has seen in better years, said Sandy Langdon, Finance Director. The 2010 budget estimates a less than 1% increase in sales tax from the 2009 amended budget, holding steady at 2009 revised estimates.

City Councilmember Carmen Rasmussen said the decline in sales tax revenue means it is more important than ever for residents to spend their dollars in Marysville and "buy local."

"Purchasing items locally will generate higher sales tax revenues that will maintain the quality delivery of City services that you have come to expect."

The Council on Monday night also voted 4-3 to bank a 1 percent increase in the general property tax for future use as permitted by state law – about \$87,000, and adopted a 1% increase in the Emergency Medical Services (EMS) levy.

With the Street Fund nearly depleted, the Council has been asked to direct any newly-established revenue sources toward replenishing the Street Fund.

City, NLC team up to offer free Prescription Discount Card

In partnership with the National League of Cities (NLC), the City of Marysville will offer a discount card that gives residents an average 20 percent savings on prescription drugs. The card will be available starting Dec. 30.

Anyone without health insurance or a traditional benefits plan and those with prescriptions not covered by insurance qualify.

The Prescription Discount Card is made available to residents by the City in collaboration with NLC, and is made possible through Marysville's membership in NLC.

"In today's economic climate, when many people are watching what they spend, the NLC prescription discount card will offer significant savings on the purchase of prescription medications for our citizens," says Mayor Dennis Kendall. "Regardless of whether a person has prescription coverage, this program can make it simpler for our residents to afford the drugs they need to deal with short-term illnesses or stay healthy by managing a chronic condition."

The money-saving card is free to all

Marysville residents, regardless of age, income or existing health insurance, City Finance Director Sandy Langdon says.

The card is good at participating pharmacies such as Bartell's, Rite Aid, Everett Clinic, grocer pharmacies and most local independents including Hilton and Quil Ceda pharmacies.

The program is administered by CVS Caremark.

Please click Discount Card to access the program online, discover the savings, learn more about the program, check drug prices and locate participating pharmacies.

Residents may pick up these cards at:

- Marysville City Hall
- Marysville Municipal Court
- Senior/Community Center

To download and print a card please visit the Prescription Discount Card web page at www.marysvillewa.gov/Citizen-Info/prescription.htm.

This is not insurance. Savings may vary by drug and pharmacy. For more information, please call this toll free number: 1 (888) 620-1749.



Read the Mayor's 2010 Budget Message
<http://marysvillewa.gov>

GENERAL NEWS

City Council approves Central Marysville Annexation; annexation takes effect Dec. 30

Mayor welcomes new citizens, and encourages them to take advantage of opportunities as part owners of the City

The Marysville City Council on Nov. 9 voted 6-1 to adopt the Central Marysville Annexation, effectively incorporating the community's entire urban growth area (UGA).

Annexation of the UGA adds 2,846 acres – or about 4.5 square miles to the City's 16 square miles, and could increase the population from 37,060 to 57,000, making Marysville the second-largest city in Snohomish County.

Mayor Dennis Kendall is excited to welcome Marysville's newest citizens, and hopes they will take full advantage of opportunities now as part-owners of the City.

"As part owners, you gain better access to City government and responsiveness to your concerns, and you have a stronger voice in how your community will grow for the betterment of all residents," Kendall says. "We welcome your involvement, and will do our best to serve you well."

A door-to-door census of residents was to be initiated in December, concluding by February 2010, says Gloria Hirashima, Community Development Director. "A full population count is critical to ensuring the City receives its fair share of state funding for its citizens."

Marginally lower property taxes, lower water and sewer rates, enhanced police protection and a Parks and Recreation system with extensive parks, classes and activities are some of the additional benefits to citizenship.

Chief Administrative Officer Mary Sw-

enson adds that City staff will be working hard to make the transition as seamless as possible for the new City residents.

"Elected officials and City staff look forward to serving you in a timely, professional, courteous manner," she says.

At a joint city-county public hearing in Marysville last July, the City Council and County Council voted to pass an inter-local agreement enabling the Central Marysville Annexation plan to move on to the County Boundary Review Board (BRB) for further action. The BRB upheld the annexation without changes.

The annexation area is generally north of Grove Street and east of State Avenue, and largely residential.

Marysville used the inter-local method of annexation and took advantage of a state sales tax rebate law that enables the city to keep more sales tax money to fund services within the newly-annexed area. The law gives the City a 0.1% sales tax rebate from the state for every 10,000 residents they annex, up to a maximum of 20,000. City officials estimate the rebate could generate as much as \$1-2 million more per year into city coffers, providing transitional funding to lessen the impact of annexation, and add more police officers, improve roads, and introduce city development standards that would require sidewalks for new roads and neighborhoods, among other services.

The tax rebate to offset annexation-related costs applies for up to 10 years.

Sandy Langdon Finance Director says that many of the annexation expenditures will be capital in nature, thereby providing benefits well beyond 10 years. And, while the sales tax credit is an incentive provided by the state, it is not the only

BENEFITS OF ANNEXATION

- Better access to City government and responsiveness to concerns
- Stronger voice in state & federal government through increased political influence
- Marginally lower property taxes.
- Lower sewer and water rates - about 30% on average, and lower surface water fees
- Streamlined permitting process
- A voice in land use planning
- Would add more police officers and more law enforcement personnel for annexed area
- Enhanced police protection with a better citizen-to-officer ratio
- Municipal Court and City-run jail
- 389 acres of great parks, walking trails and open space.
- Several popular, extensive Parks and Recreation classes, activities and community events
- Ken Baxter Senior/Community Ctr.
- Marysville Sno-Isle Regional Library
- Access to free lifetime animal license for your pet.

source of revenue the City will receive.

Chief Administrative Officer Mary Swenson says, "The City will continue its successful management of resources and uses for not only the existing City but for the newly annexed area as well, as we merge into one new and unique City."

The City and County Council also approved an agreement for 88th Street NE improvements. The County will fund \$6 million of the \$40 million cost of improving the road, and help the City find grant money for the rest.

The annexation will take effect on Dec. 30, 2009.

Marysville seniors, disabled individuals, may be eligible for utility aid, rebate

Eligible low-income senior citizens and disabled people residing within Marysville city limits starting Jan. 1 can apply for a rebate on utility taxes paid for electricity, telephone and natural gas. The tax does not apply to cable television service.

Seniors must be 62 or older, with a total combined household income of \$25,000 or less. Low-income disabled residents also qualify who possess special parking status, are declared legally blind, or are disabled as defined by state & federal programs. Disabled applicants must show proof of household income at or below 125% of the federally-established poverty level, which is \$13,537 for an individual, \$27,562 for a family of four. Download the Utility Rate Discount Form at www.marysvillewa.gov/Documents/citydocs.htm. Claims for the rebate must be made annually, with proof of utility bills paid brought to City Hall, 1049 State Ave. Deadline to apply is Feb. 26.

The City of Marysville offers help with utility taxes to low-income seniors and the disabled.

Anyone in those groups who receives water, sewer, garbage or surface water management service from the City may qualify for a 30% discount on their bill.

To qualify, senior ratepayers must be at least 62 years old with an annual total household income of less than \$25,000.

A disabled resident's income must be at or below 125% of the established federal poverty level, and meet other criteria that deem them disabled or incapacitated.

For information or an application, stop by City Hall, 1049 State Ave., go to the city web site at www.marysvillewa.gov and click on the "Documents Now" link, or call (360) 363-8000.



GENERAL NEWS

City stands prepared and ready for snow and ice storms

While the forecasted El Nino winter season bodes well for avoiding a paralyzing back-to-back-to-back ice and snow event on the scale of last winter's December storms, the City isn't taking weather predictions for granted.

Marysville Public Works and Police crews stand ready for the season's first storm, whenever it arrives.

Public Works has revisited its Snow and Ice Removal Plan and designated snow and ice routes developed into zones for sanding and plowing, Public Works Director Kevin Nielsen says. Within each of the zones, a system of priority has been established taking into consideration topography, traffic volumes and special usage.

Public Works has also set up a database to track roads where crews have plowed and sanded, with routes dated and time-stamped, Nielsen says. The database will be launched initially for internal, operational use, then available on line to the public at a later date. The intent is to create more efficient response.

More attention will be focused on railroad crossings, too. Rail crossings can always be hazardous and require drivers to be alert for oncoming trains. Ice and snow can cause slippery conditions that can cause a vehicle to lose control at a crossing.

The Public Works yard is topped with sand and de-icer, and the vehicle fleet is winterized and ready, Nielsen says.

"As always, our focus will remain on principal routes and arterials," Nielsen says.

Last year, the City reported 860 hours of worker overtime responding to the holiday snow and ice event, dumped 1,273 tons of sand and 10,825 lbs. of street salt on major arterials and key local roads, with much of the sand reclaimed by City street sweepers for future use.

For the most comprehensive information online about preparedness for the Puget Sound region, visit TakeWinterByStorm.org. The site includes tips to plan for bad weather, road and pass conditions, transit snow plans, flooding conditions and more.

New fire hydrant use program to better protect City's drinking water

Effective in early 2010 the City of Marysville will implement its new Fire Hydrant Utilization Program.

The program's purpose is to protect customers' drinking water by eliminating the potential for cross-connections with the City's water distribution system, says Doug Bye, Water Quality Manager.

The program will require any person, business or construction company wanting to withdraw water from a City fire hydrant or City-designated fill station to apply for a permit. Two types of permits will be available: vehicle & site permits.

Permits will require a refundable deposit. Additional monthly fees and usage charges will apply, with deposits refunded less monthly fees and usage charges.

A site permit will be required when seeking to withdraw water from a City hydrant for construction purposes. Applicant must pay a \$1,200 refundable deposit to get the permit, hydrant backflow prevention assembly, and hydrant meter.

To obtain a permit, contact Marysville Public Works at 80 Columbia Ave. or call (360)363-8100. For more details call the water quality division at (360) 363-8100.

CORRECTION/CLARIFICATION

In the Fall 2009 Marysville Messenger, the City of Marysville ran a public service announcement (PSA) informing citizens on how to report a foul-smelling odor. The announcement was accompanied by the Puget Sound Clean Air Agency (PSCAA) logo, the regional agency that residents are asked to contact. In the course of explaining that suspicious odors could originate from any number of industrial or agricultural activities, the City PSA mentioned a local, Cedar Grove Composting, by name.

By policy, PSCAA does not run single-source PSAs or advertisements that identify a specific company. In sharing with the City the steps on how to file an odor complaint, PSCAA officials were unaware of and had not approved the use of the official logo in the City's announcement, and the content did not undergo final review by PSCAA. The City has since taken steps to ensure pre-authorization of other-agency content when used in the future. The City apologizes for any misunderstanding that use of the PSCAA logo and reference to a local company by name may have caused.

U.S. Census short form mailed to homes in February/March

Mayor Dennis Kendall and other City officials want to send an early message to Marysville residents about why it is important to complete the U.S. Census 2010 questionnaire when it arrives in homes in February/March 2010.

"How and where \$400 billion of federal, state and local funds are distributed depends on accurate census data, collected every 10 years by the federal government, from all segments of the population, for all segments of the population," Kendall says. "There is strength in numbers."

Data gathered from the census will affect the quality of life in Marysville over the next 10 years, starting in 2011, by helping determine the flow of government aid to our neighborhoods, and ensuring that we receive our proportionate, fair and equitable share, he said.

"The only way to do that, though, is if all of us participate in the census."

Census data is the primary data used for decisions in distributing funds for health care, education, job training, business development, housing, transportation and public services.

Census forms will be mailed or delivered to households in February or March 2010. National Census Day is April 1, the due date to return completed forms. Instead of the long form, Census officials have created a new short form asking 10 basic questions, which should not take more than 10 minutes to complete.

"So count yourself and add strength to the numbers that ensure Marysville's future counts – the stakes for our community could not be higher," Kendall says.

For more information, visit the U.S. Census website at:

<http://2010.census.gov/2010census/>

Quick Fact

Efforts of the Snohomish County Auto Theft Task Force, of which the Marysville Police is a member, are showing signs of success. A 52% decline in auto thefts has occurred in the county, compared to a statewide rate of 22%.



GENERAL NEWS

NEWSMAKERS & NEWSNOTES

Employees of the Month.....Police Officer/School Resource Officer **Bronwyn Kieland**, who was awarded employee of the month honors in October for her contributions to the Graffiti Task Force and School Resource Officer duties working with students, parents and teachers at Marysville Middle School, and GIS Administrator **Dave Doop**, awarded in November for his extensive mapping services that have supported numerous departments, his development and maintenance of various in-house databases, and maintaining the Public Works pages on the City website.

□ □ □

Toni Mathews and **Robert L. Weiss** were appointed to the Salary Commission on Sept. 14. Mathews served several years previously on the Marysville Planning Commission.

□ □ □

The City Council this fall approved \$109,000 from the hotel-motel tax fund for a variety of projects that will help bolster tourism in Marysville, while also marketing and promoting the community through a variety of means. Allocations approved at two separate meetings included the following funding:

- * \$25,000 to Marysville, Inc./Marysville Strawberry Festival;
- * \$19,000 to Greater Marysville Tulalip Chamber, Capturing the Gold - Preparing for 2010 Olympics and Beyond;
- * \$18,000 to Marysville Historical Society for a historic carving to be completed by a Tulalip carver.

As a partner in the Greater Marysville Tulalip Chamber of Commerce's new Buy Local campaign, the City of Marysville encourages you to shop locally - put your sales tax dollars to work in the community where they can do the most good.

For more information about the campaign and how you can become a Buy Local supporter, contact the Chamber of Commerce at (360) 659-7700 or on the web: www.marysvilletulalipchamber.com



Photo by Doug Buell

Police Chief Rick Smith, right, presents Sgt. Jarl Gunderson with an engraved crystal award honoring a 35-year distinguished career.

Police Sgt. Gunderson retires after 35 years

After more than 35 years, the Marysville Police Department said goodbye and best wishes to its longest-serving officer, Sgt. Jarl Gunderson.

Gunderson officially retired on Oct. 29. Fellow Police, City administration and well-wishers attended a retirement party on Nov. 14 to honor Gunderson, who wore a Marysville badge his entire career in law enforcement.

How rare is 35 years for a Marysville employee? When the City began bulk-ordering 5-year incremental anniversary pins for workers - 30 years was as high as they went. Instead, City officials presented Gunderson with an engraved standing crystal award last March for his outstanding service.

Gunderson worked as a reserve officer from 1972-74, then was hired in March 1974 to join a department consisting of only 8 officers. His varied duties included dispatch, patrol and animal control before emerging as the department's first Detective, a multi-year assignment he worked twice. Gunderson was promoted to Sergeant in the '80s. He worked initially as Patrol Sergeant before moving over to Detective Sergeant. During the latter assignment, the Detective Division worked five homicides, closing all of them but one.

Gunderson worked the first homicide case in 35 years for Marysville Police, which led to an arrest and conviction of Charles Fugendes in the murder of Tria Carr, and was profiled in author Ann Rule's latest true-crime book.

Gunderson leaves with fond memories.

"What I'll miss the most is the people in the department," he said, and the *esprit de corps* that characterized the working relationship inside and out on the street.

Gunderson, who served under six Police Chiefs including current chief Rick Smith, said he feels that he is leaving the department in good hands.

"Thirty-five years in this business is a big deal," Police Chief Rick Smith said. "I really appreciate what he has done for the City of Marysville."

Retirement for Gunderson will mean more time to spend with wife, Audrey, at their Arlington home and horse training and breeding farm.

Happy Anniversary

to these City of Marysville Employees

20
YEARS

Frank Stair, Waste Water Treatment Plant Maintenance Technician I - WWTP, *March*

15
YEARS

Brian Lutschg, Police Officer, *April*

10
YEARS

Darrin Douglas, Solid Waste Collector, *December*
Carol Mulligan, Program Specialist - Licensing, Community Development, *March*

5
YEARS

Sean Olson, Maintenance Worker II, Utility Field Staff, *December*

Worth Norton, IS Manager, *January*
Fred Gillings, Municipal Court Judge, *February*
Jeff Vandenberg, Police Officer, *February*
Laurie Hulme, Program Specialist - Municipal Court, *March*
Steve Hackford, Equipment Mechanic, Building and Equipment Maintenance, *April*

Marysville on right path to economic recovery, optimistic for a bright future ahead

For the record, 2009 was a difficult year for our local economy, to say the least.

The economic recession has caused Marysville and other communities to bend under the weight of housing foreclosures, declining property values, high unemployment, lackluster consumer spending and other financial stresses.

Yet in spite of those pressures that closed out a sobering 2009, I am confident that a bright future awaits our City in the new year – you should be convinced, too. Marysville and its citizens make up a resilient and innovative community. Throughout our history we have adapted to social and economic demands with “can do” resolve, and worked together to create more opportunities. We may bend under the weight of economic uncertainty, but we never break.

We have taken action on some of the short-term challenges we have faced as a community. However, I want to focus here on sharing with you some of the City projects and initiatives that stood out in 2009 and set the pace for positive changes ahead in 2010. Without much fanfare, Marysville can point to signs that we are making headway on the path to recovery, and economic growth, while at low ebb, is still poised for a return to higher tides.

Incorporation of the Central Marysville Annexation area, continued commitment to our key community priorities of public safety and transportation infrastructure investments, and our pledge to advance job growth and economic opportunity in the face of difficult times – especially during difficult times – is the long-term strategy that will keep us on a prosperous track.

Central Marysville Annexation

The City Council in November approved the Central Marysville Annexation, which would annex our entire Urban Growth Area, adding 2,846 acres and 19,000-plus residents to the existing 37,060 population. A sales tax rebate from the state will help offset costs of municipal services we will provide to these mostly residential areas (see related story on Page 20).

Public Safety

In tough times, our Police are delivering results. Marysville is a safer place than it has been for many years. Crime has rolled back to 2004-05 levels, even though the City's population increased by about 25% between 2004 and 2008. Violent crime fell by 29%, property crimes dropped 22%,

graffiti has declined by 76% in 2009 compared with a year earlier, and the number of auto thefts has been cut by more than half. Formation of a pro-active team of specialized, swift-action officers dedicated to combating graffiti, gangs and drug houses; a Crime Analysis Unit; and graffiti enforcement/cleanup are just a few initiatives that are contributing to the lower crime rates.

Transportation

In the 2010 budget, the City's Street Fund has been nearly depleted due to decreases in the fuel tax, declining sales tax revenue and past voter-approved initiatives; that will impact our ability to address streets in need of improvement and alleviating traffic congestion. I am encouraging City Councilmembers to take a look at all available funding sources – either from existing sources or future revenue streams yet to be determined – to replenish this fund.

Shortages in the Street Fund did not affect major transportation investments completed in 2009, nor will it deter capital projects slated for 2010. These are long-term projects that leverage local transportation dollars with a significant infusion of state and federal grant money obtained by the City.

For example, two key road projects that wrapped up in 2009:

- State Avenue improvement project from 136th to 152nd Street NE expanded to 5 lanes, completed in November 2009.
- 67th Avenue overlay project from SR 528 north to Grove Street, a full-width street overlay project with added bike lanes, funded fully with federal stimulus money.

Here are the key road and sidewalk projects that top the priority list in 2010:

- Ingraham Boulevard – full extension of 88th Street from 67th Avenue to 74th Drive, create continuous east-west corridor between I-5 and SR 9.
- Lakewood Triangle Access/156th Street Overcrossing, and connecting roadway between Twin Lakes Boulevard and State Ave.
- 47th Avenue NE improvement project – adding curb, gutter, sidewalk improvements, road widening, signal improvements and bike lanes between Armar Road and Grove Street. Funded through

state Safe Routes to School grant.

- New traffic signal at SR 528 and 53rd Avenue NE across from Jennings Nature Park.

Economic Development

Marysville will work within a tight \$118.3 million budget in 2010, with a \$34.1 million general fund budget for delivering core public services, a 2% decrease from 2009 revised spending levels. Due to the fallout from the down economy, we will not have as much funding from sales and property taxes available to attract new commercial and industrial business ventures. However, we will continue to aggressively pursue new economic development so we're ready when the market recovers.

Like many other communities, we have seen too many shuttered storefronts. Yet at the same time, we have seen something else: the entrepreneurial spirit hard at work in our community. Just in 2009 alone – and I don't usually track these – myself and the City Council cut the ribbon at newly opened businesses and restaurants. These enterprising individuals aren't letting the economy dampen their optimism.

As a partner in the Greater Marysville Tulalip Chamber of Commerce's new Buy Local campaign, I encourage you to shop locally at these and other local businesses – put your sales tax dollars to work in the community where they can do the most good.

Difficult economic times have tested our resolve, and that has made it hard for many local families, friends and neighbors to remain confident in the face of continued uncertainty. As you read this, I want you to feel confident that the City Council and my Administration are sensitive to these conditions and in control, keeping Marysville on course toward a prosperous future.

Some tough choices may lie ahead, but I can assure you that we will do whatever needs to be done to continue providing quality services to our residents, even if it requires some sacrifice.

Best wishes to you and your family for a safe and Happy New Year.

The full version of the Mayor's 2010 State of the City Address will be available on the City website in early January - www.marysvillewa.gov

GENERAL NEWS

NOVEMBER

◆ Authorized the Mayor to sign a renewal and amendment to an Intergovernmental Facilities Use Agreement with the U.S. Bankruptcy Court to continue using space for service in the municipal court.

◆ Awarded a \$523,145 contract to Faber Brothers Construction for 47th Avenue improvements. Grant funds acquired through the state Safe Routes to School program and state Transportation Improvement Board (TIB) will cover the entire project cost.

◆ Authorized the Mayor to sign a provider agreement for Police's Electronic Home Monitoring with BRK Management Services.

◆ Adopted an ordinance approving the transfer of control of Verizon NW from Verizon Communications to Frontier Communications. With future approvals from the state and Federal Communications Commission, Frontier would take ownership of all Verizon's local cable, fiber and phone-related services and offer them under the new Frontier name.

◆ Adopted the 2010 City Budget. The \$113.8 million budget is down 19.2% from the 2009 original budget of \$140.8 million, and includes a General Fund budget for delivery of basic public services of \$31.3 million. City Directors submitted budgets with no new programs or additional staff (see related story, Page 19.)

FilePro tool makes public searches for City documents easier

For citizens' convenience, the City of Marysville offers an easy way to read and download city government documents from our website. CivicWeb FilePro lets you access quickly and easily a multitude of municipal documents, including:

- * City Council Agenda/Packets
- * City Council Minutes
- * Budget and Financial Reports
- * Ordinances
- * Public Notices
- * Resolutions
- * Interlocal Contracts and more

To view these documents, visit:

<http://marysvillewa.gov>

Then click on the "City Information and Records" button. Agendas can also be seen on Marysville TV21 on the Comcast cable system, and TV25 on the Verizon cable system.



Portrait by Clear Image Portrait Studio

YOUR 2010 MARYSVILLE CITY COUNCIL

Meets for Work Sessions 1st & 3rd Monday, Regular Meetings the 2nd & 4th Mondays each month. Meetings are 7 p.m. in City Hall, 2nd Floor, 1049 State Ave. No meetings in August.

Bottom row, seated from left: Councilmember Donna Wright, Mayor Dennis Kendall and Councilmember Jon Nehring; top row, from left: Councilmembers Jeff Seibert, who also serves as Mayor Pro Tem, Lee Phillips, Jeff Vaughan, Carmen Rasmussen and John Soriano. Phone numbers at right are area code (360) unless otherwise noted.

Mayor

Dennis Kendall 363-8000 Office
659-5242 Home

City Councilmembers

Jon Nehring 653-7220
Lee Phillips 653-1502
Carmen Rasmussen (425)328-9744
Jeff Seibert 659-2226
John Soriano 659-5314
Jeffrey Vaughan 651-0805
Donna Wright 659-7027

Between September and November 2009, the Marysville City Council took action on 94 agenda items. Below are highlights from their deliberations. To view tactual Council minutes, visit the City website at marysvillewa.gov, then click on "City Information and Records."

SEPTEMBER

◆ Authorized the Mayor to sign an interlocal agreement between Snohomish County and City to continue partnership with the Regional Auto Theft Task Force.

◆ Passed a Resolution declaring the need for the Housing Authority of Snohomish County to buy and operate foreclosed-on property at 1222 Ash Ave. and 1219 Beach Ave. that will provide 19 units of affordable housing for families. The property is conveniently located near the new Community Transit Park and Ride at Grove Street and Cedar Avenue.

OCTOBER

◆ Awarded \$81,150 6th Street Alley Sewer Replacement Project to JS & S Excavation, Inc. The project will replace about 525 linear feet of aging sewer pipe

with 8-inch PVC pipe, add stormwater improvements and alley resurfacing.

◆ Adopted a resolution supporting the Washington Aerospace Partnership and joining the effort to maintain the state's position as the best location worldwide for designing, building and servicing aircraft.

◆ Authorized the Mayor to Sign the Final Mylar for the Subdivision known as "Weber Estates".

◆ Adopted an ordinance amending the City's Comprehensive Plan by adopting the Downtown Master Plan, and amending the City's Development Regulations through approval of new City codes.

◆ Authorized the Mayor to allocate funding for various projects from Hotel/Motel Tax Fund revenues to overnight accommodation stays and promote tourism activity.

Northpointe Park reopens with new twist on fitness

Next time you visit Northpointe Park in the eastside Marysville foothills, it won't be just another walk in the park.

Mayor Dennis Kendall, City Councilmembers and Park Board members cut the ribbon at Northpointe Park on Nov. 7 to dedicate new fitness stations inside the park trail that will give plenty of opportunities for a workout.

The City installed nine fitness stations of Tri-Active outdoor fitness equipment and added a new playground system to the 28-acre park located at 70th Street and 74th Drive NE. Kendall also led a walk of the Northpointe Park Loop Trail from the fitness park on the remodeled trail system, which now includes a new entrance on Grove Street.

The fitness and playground equipment are the latest improvements made through the Marysville Healthy Communities Project, under a key priority to focus on increasing the number of physical activity opportunities that are accessible and free to the public, says Jim Ballew, Parks and Recreation Director. Summit Rehabilitation helped with



Mayor Dennis Kendall is joined by City Council and Park Board members to dedicate Northpointe Fitness Park and its nine recently installed fitness stations and new playground equipment. Pictured from left with the Mayor: Park Board members Keith Armstrong, Andy Delegates and Brooke Hougan; and City Councilmembers Carmen Rasmussen (Park Board Liaison) and Jon Nehring. Not pictured: Councilmembers Jeff Seibert and John Soriano, who later joined a walk of the Northpointe Loop Trail led by the Mayor.



Photos by Doug Buell

course design. The cost for park improvements totaled \$22,600 which included an Activate America grant. Trail and signage improvements were contributed by

Robert Viust of Marysville as his Eagle Scout project.

"This has been a great neighborhood collaboration," Ballew says.

To Our Marysville garbage customers
2009-10 Winter Yard Debris Collection Schedule
MONTHLY collection from your yard debris toter is now in effect:
 * Week of Dec. 21 * Week of Jan. 18
 * Week of Feb. 22
Regular weekly pickup will resume the week of March 16, 2010
 Put leaves, small branches cut into 3-foot lengths (or smaller) and grass clippings in your green yard debris toter. Debris must fit in toter and lid must be closed.
INFO: Public Works (360) 363-8000

Marysville Healthy Communities Project Annual Report online

The Marysville Healthy Communities Project chalked up many successes in 2009 that helped promote healthier lifestyles, fitness and better eating among Marysville residents. To read more, download the Marysville Healthy Communities Project 2009 Annual Report at <http://www.marysvillehealthycommunitiesproject.com>.



ABOUT THIS ACTIVITIES GUIDE



The Winter 2010 Marysville Parks & Recreation Activities Guide/Marysville Messenger is distributed to Marysville residents and Marysville-area utility customers. This Guide is printed by Snohomish Publishing. We would like to hear your comments about this publication. Please write to Marysville City Hall, 1049 State Ave., Marysville, WA. 98270, or e-mail dbuell@marysvillewa.gov.

You can download a copy of this Activity Guide by visiting the City web site at: <http://marysvillewa.gov>

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MARYSVILLE PARKS & RECREATION

Activities Guide

Get out and play this winter!



IN 2010, make a commitment to visit and explore your community, regional and neighborhood parks. Whether your pace is an uptempo sport, a brisk walk along a tree-lined path, or a relaxing bike ride to breath in the crisp winter air, the City of Marysville offers an activity to match your lifestyle.

Another way to stay fit and active is to step up and become a volunteer. Become a good steward of your parks so we can all share in their enjoyment. Recreation and health go hand in hand. We encourage you to become a part of our healthy, active community - get out and play this winter!



■ WALK THE JENNINGS OR NORTHPOINTE PARK LOOP TRAILS

Burn some calories and give your heart, lungs and bones a healthy workout while walking the 2-mile Jennings Park Loop Trail through evergreens and pristine parkland. Or try the 1.6-mile Northpointe Park Loop Trail (parking at 70th Street and 75th Drive), which now includes 9 fitness stations at Northpointe Fitness Park for you to try out.

■ SIGN UP FOR FITNESS CLASSES

Try a fun, challenging Marysville Parks and Recreation class that will arouse your active spirit - martial arts, dance, soccer, basketball, bowling, Zumba, yoga and many other activities await.

■ GET OUT THE BICYCLE AND WARM CLOTHING

The City of Marysville has more than doubled the miles (8.2 to 15 miles) of bike lanes around Marysville streets and created better connectivity, making for a safer and more pleasant ride.

■ VISIT DEERING WILDFLOWER ACRES

For a more peaceful, communal walk through nature trails only minutes away, visit our 30-acre Deering Wildflower Acres. The scenery is unforgettable any time of year.

■ LEARN ABOUT THE MARYSVILLE HEALTHY COMMUNITIES PROJECT

Keep informed about the Marysville Healthy Communities Project. Become involved, or share your ideas for biking, walking and fitness opportunities.

Web: www.marysvillehealthycommunitiesproject.com

■ GET INVOLVED